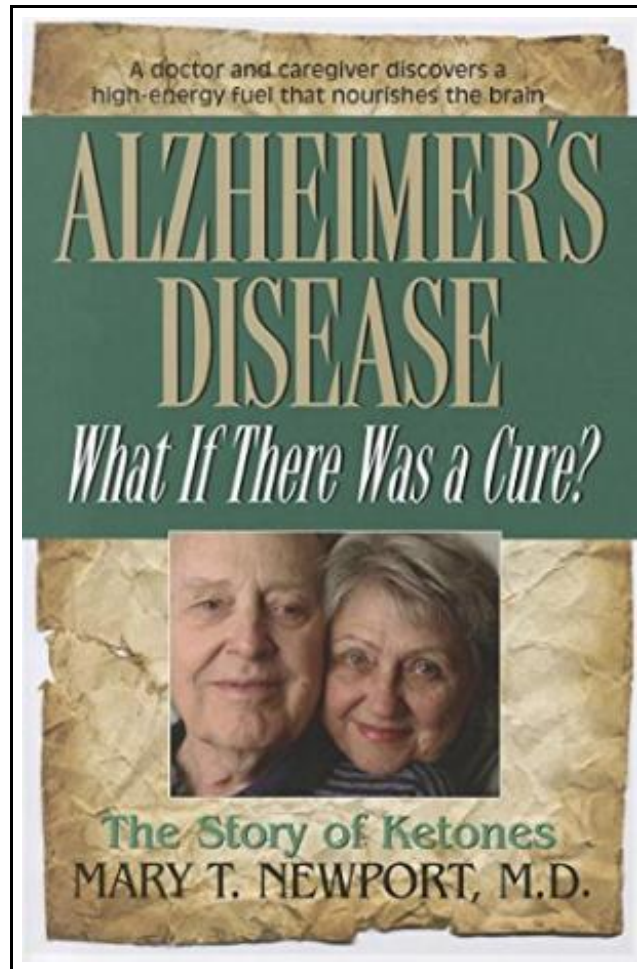


Alzheimers Disease: What If There Were A Cure? The Story of Ketones



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Reviews

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(Mallory Kertzmann V)

ALZHEIMERS DISEASE: WHAT IF THERE WERE A CURE? THE STORY OF KETONES



Basic Health Publications. Paperback. Book Condition: New. Paperback. 416 pages. Though Dr. Mary T. Newport has provided professional care to newborns since 1983, she's led a double life since 2000 when she became a caregiver at home. That's when her beloved husband, Steve, first showed signs of Alzheimers disease. After his deterioration accelerated in 2004, Dr. Newport began avidly researching ways to keep him functional for as long as possible. Since she understands medical terminology and scientific methods, she was thrilled to find new research showing that medium-chain fatty acids, which act like an alternative fuel in the insulin-deficient Alzheimers brain, can sometimes reverse or at least stabilize the disease. When she gave Steve about 2 table-spoons of coconut oil (a source of these fats) at breakfast before a memory test that he had previously failed, Steve miraculously passed the test. Since then, Steve continues to maintain improvement while taking daily doses of coconut oil and MCT (medium-chain triglyceride) oil with meals. Dr. Newports story of Steves reprieve from Alzheimers provides hope for caregivers eager to learn about readily available fatty acids in foods that may reverse the ravages of this dreaded disease. Changes in loved ones may take many forms, including improved memory, return of personality, resumption of activities and social interaction, and relief from certain physical symptoms. Because ketone esters, a synthesized form of these powerful fatty acids, work faster and more comprehensively than fatty acids in foods, Dr. Newport has become an ardent advocate for ketone ester research, with FDA approval her final goal. Caregivers for the more than 5 million people in the United States who suffer from Alzheimers disease are searching desperately for hope, relief, and a cure. They will find all that in this book that summarizes Dr. Newports research and Steves reprieve, the...



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